



**FC DIETIKON**

**Trainingsplan**

|                      |                                     |                                 |                                 |               |               |               |                                       |
|----------------------|-------------------------------------|---------------------------------|---------------------------------|---------------|---------------|---------------|---------------------------------------|
| <b>1. Mannschaft</b> | Mo & Di 19.00 - 20.30 P:Platz 1 G:9 | Do 19:00 - 20.30 P:Platz 1 G:9  | Fr 19:00 - 20.30 P:Platz 1 G:9  |               |               |               |                                       |
| <b>Trainer</b>       | <b>Name</b>                         | <b>Adresse</b>                  | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b> | <b>E-Mail</b>                         |
|                      | Paiva Le Lemos João                 | Spitalstrasse 10                | 8180 Bülach                     |               |               | 078 898 97 19 | joaopaiva83@me.com                    |
|                      | Maissen Rico                        | Grosswislen 3                   | 5420 Ehrendingen                | 056 221 60 04 |               | 076 375 60 04 | maissen.71@hotmail.ch                 |
|                      | Laux Jonas                          | Engstringerstrasse 44           | 8952 Schlieren                  |               |               |               | ptjonaslaux@gmail.com                 |
|                      | Müller Christian                    | Kirchstrasse 5                  | 8104 Weiningen                  |               | 044 531 00 21 | 079 436 23 20 | christian.mueller@frankelmarketing.ch |
|                      | Barata Pedro                        |                                 | 8180 Bülach                     |               |               |               |                                       |
| <b>2. Mannschaft</b> | Mo 20:30 - 22:00 P:Platz 2 G:12     | Di 20:30 - 22:00 P:Platz 2 G:12 | Do 20.30 - 22.00 P:Platz 2 G:12 |               |               |               |                                       |
| <b>Trainer</b>       | <b>Name</b>                         | <b>Adresse</b>                  | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b> | <b>E-Mail</b>                         |
|                      | Dzelili Sadat                       | Langäckerstrasse 42             | 8957 Spreitenbach               |               |               | 076 500 53 20 | sadat.dzelili@gmail.com               |
|                      | Fehratovic Admir                    | Poststrasse 110                 | 8957 Spreitenbach               |               |               | 079 675 46 76 | admir.fehratovic@gmx.ch               |
| <b>Junioren A</b>    | Di 20.30 - 20.00 P:Platz 2 G:11     | Do 20.30 - 20.00 P:Platz 2 G:11 | Fr 19.00 - 20.30 P:Platz 2 G:11 |               |               |               |                                       |
| <b>Trainer</b>       | <b>Name</b>                         | <b>Adresse</b>                  | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b> | <b>E-Mail</b>                         |
|                      | Alves Luis Filipe                   | Pilatusstrasse 12               | 8330 Pfäffikon                  |               |               | 076 803 32 09 | l.alves89@hotmail.com                 |
|                      | Romano Renato                       | Uetlibergstrasse 310            | 8045 Zürich                     |               |               | 076 561 89 80 |                                       |
| <b>Junioren Ba</b>   | Mo 20:30 - 22.00 P:Platz 2 G:10     | Mi 20:30 - 22.00 P:Platz 2 G:10 | Fr 19:00 - 20:30 P:Platz 2 G:10 |               |               |               |                                       |
| <b>Trainer</b>       | <b>Name</b>                         | <b>Adresse</b>                  | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b> | <b>E-Mail</b>                         |
|                      | Coffa Sebastiano                    | Zürcherstrasse 4                | 8952 Schlieren                  |               |               | 078 648 59 04 | sebastiano_co@hotmail.com             |
|                      | Kaliki Sevgim                       | Dorfstrasse 45a                 | 5244 Birrhard                   |               |               | 076 331 89 51 | gimi1985@icloud.com                   |
| <b>Junioren Ca</b>   | Mo 19:00 - 20:30 P:Platz 2 G:11     | Mi 19:00 - 20:30 P:Platz 2 G:11 | Do 19:00 - 20:30 P:Platz 2 G:11 |               |               |               |                                       |
| <b>Trainer</b>       | <b>Name</b>                         | <b>Adresse</b>                  | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b> | <b>E-Mail</b>                         |
|                      | Volpi Sebastian                     | Schulgutstrasse 4               | 8953 Dietikon                   |               |               | 078 900 80 08 | s.volpi@fcd.ch                        |
| <b>Junioren Cb</b>   | Mo 19.00 - 20.30 P:Platz 2 G:6      | Mi 19.00 - 20.30 P:Platz 2 G:6  | Do 19:00 - 20:30 P:Platz 2 G:11 |               |               |               |                                       |
| <b>Trainer</b>       | <b>Name</b>                         | <b>Adresse</b>                  | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b> | <b>E-Mail</b>                         |
|                      | Pestana Jose Roberto                | Rütistrasse 1b                  | 8952 Schlieren                  |               |               | 076 587 76 14 | pestanaroberto@hotmail.com            |
|                      | Pestana Ruben                       | Glattalstrasse 114              | 8052 Zürich                     |               |               | 076 360 57 87 |                                       |
| <b>Junioren Da</b>   | Mo 19:00 - 20:30 P:Platz 3 G:7      | Di 19:00 - 20:30 P:Platz 2 G:10 | Do 19:00 - 20:30 P:Platz 2 G:10 |               |               |               |                                       |
| <b>Trainer</b>       | <b>Name</b>                         | <b>Adresse</b>                  | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b> | <b>E-Mail</b>                         |
|                      | Kurowski Piotr-Michal               | Breitstrass 6                   | 8953 Dietikon                   |               |               | 079 136 03 42 | pimikur2@gmail.com                    |
| <b>Junioren Db</b>   | Mo 19:00 - 20:30 P:Platz 3 G:8      | Di 19:00 - 20:30 P:Platz 2 G:3  | Do 19:00 - 20:30 P:Platz 2 G:3  |               |               |               |                                       |
| <b>Trainer</b>       | <b>Name</b>                         | <b>Adresse</b>                  | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b> | <b>E-Mail</b>                         |
|                      | Bekaj Arton                         | Zürcherstrasse 126              | 8953 Dietikon                   |               |               | 076 402 55 90 | arton.bekaj@gmail.com                 |
|                      | Inutile Stefano                     | In der Lachen 16                | 8953 Dietikon                   |               |               | 076 317 30 08 | s.t.inutile@sunrise.ch                |
| <b>Junioren Dc</b>   | Di 19:00 - 20:30 P:Platz 3 G:8      | Do 19:00 - 20:30 P:Platz 3 G:8  | Fr 17:30 - 19:00 P:Platz 3 G:8  |               |               |               |                                       |
| <b>Trainer</b>       | <b>Name</b>                         | <b>Adresse</b>                  | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b> | <b>E-Mail</b>                         |
|                      | Gianola Luciano                     | Zinggenstrasse 2                | 8953 Dietikon                   |               |               | 079 136 22 91 | luciano.gianola@gmail.com             |
|                      | Küng Remo                           | Riedenhaldenstrasse 54          | 8046 Zürich                     |               |               | 076 577 46 72 | remo.kueng91@gmail.com                |
|                      | Winiger Rolf                        | Rüternstrasse 24                | 8953 Dietikon                   |               |               |               | rolf.winiger@hispeed.ch               |
| <b>Junioren Ea</b>   | Mo 17:30 - 19:00 P:Platz 3 G:10     | Mi 17:30 - 19:00 P:Platz 2 G:1  | Fr 17:30 - 19:00 P:Platz 3 G:8  |               |               |               |                                       |
| <b>Trainer</b>       | <b>Name</b>                         | <b>Adresse</b>                  | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b> | <b>E-Mail</b>                         |
|                      | Lecaj Lulzim                        | Schöneggstrasse 13              | 8953 Dietikon                   |               | 056 418 12 25 | 076 372 12 25 | lulzim.lecaj@zweifel.ch               |
|                      | Sujata Julien                       | Brunnenmattstrasse 19           | 8953 Dietikon                   | 043 542 17 19 |               | 079 270 00 03 | julien.sujata@gmail.com               |



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|                               |                                 |                       |                                 |               |              |                                 |                                |
|-------------------------------|---------------------------------|-----------------------|---------------------------------|---------------|--------------|---------------------------------|--------------------------------|
| <b>Junioren Eb</b><br>Trainer | Mo 17:30 - 19:00 P:Platz 3 G:12 |                       | Mi 17:30 - 19:00 P:Platz 2 G:10 |               |              | Do 17:30 - 19:00 P:Platz 2 G:12 |                                |
|                               | <b>Name</b>                     | <b>Adresse</b>        | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b> | <b>Mobile</b>                   | <b>E-Mail</b>                  |
|                               | Coffa Sebastiano                | Zürcherstrasse 4      | 8952 Schlieren                  |               |              | 078 648 59 04                   | sebastiano_co@hotmail.com      |
|                               | Alimi Asim                      | Niederholzstrasse 1   | 8951 Fahrweid                   |               |              | 076 381 05 19                   | asim_alimi@hotmail.com         |
| <b>Junioren Ec</b><br>Trainer | Mo 17:30 - 19:00 P:Platz 3 G:4  |                       | Mi 17:30 - 19:00 P:Platz 2 G:4  |               |              |                                 |                                |
|                               | <b>Name</b>                     | <b>Adresse</b>        | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b> | <b>Mobile</b>                   | <b>E-Mail</b>                  |
|                               | Yavuz Furkan                    | Badestrasse 2         | 8953 Dietikon                   |               |              | 076 425 57 02                   | furkan_8952@hotmail.com        |
|                               | Sener Ercüment                  | Rainackerstrasse 11   | 8953 Dietikon                   |               |              | 076 567 63 67                   | e.sener@gmx.ch                 |
| <b>Junioren Ed</b><br>Trainer | Di 17:30 - 19:00 P:Platz 3 G:3  |                       | Do 17:30 - 19:00 P:Platz 2 G:3  |               |              |                                 |                                |
|                               | <b>Name</b>                     | <b>Adresse</b>        | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b> | <b>Mobile</b>                   | <b>E-Mail</b>                  |
|                               | Castelluzzi Salvatore           | Geeracherstrasse 28   | 8957 Spreitenbach               |               |              | 079 888 98 17                   | ansa.castelluzzi@flashcable.ch |
|                               | Mächler René                    | Hüslernstrasse 29     | 5453 Busslingen                 | 056 4965279   |              | 079 6201524                     | rmaechler@migrol.ch            |
|                               | Laux Jonas                      | Engstringerstrasse 44 | 8952 Schlieren                  |               |              |                                 | ptjonaslaux@gmail.com          |
| <b>Junioren Ee</b><br>Trainer | Mi 17:30 - 19:00 P:Platz 2 G:4  |                       | Fr 17:30 - 19:00 P:Platz 3 G:4  |               |              |                                 |                                |
|                               | <b>Name</b>                     | <b>Adresse</b>        | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b> | <b>Mobile</b>                   | <b>E-Mail</b>                  |
|                               | Nesic Dalibor                   | Zürcherstrasse 182    | 5432 Neuenhof                   |               |              | 076 303 11 69                   |                                |
| <b>Junioren Fa</b><br>Trainer | Di 17:30 - 19:00 P:Platz 3 G:11 |                       | Do 17:30 - 19:00 P:Platz 2 G:2  |               |              |                                 |                                |
|                               | <b>Name</b>                     | <b>Adresse</b>        | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b> | <b>Mobile</b>                   | <b>E-Mail</b>                  |
|                               | Asani Edmir                     | Bremgarterstrasse 25  | 8967 Widen                      |               |              | +47 977 68 427                  | eddy_gordo85@hotmail.com       |
|                               | Müller Dieter                   | Oberdorfstrasse 36    | 8953 Dietikon                   |               |              |                                 | didimueller@bluewin.ch         |
|                               | Winiger Rolf                    | Rüternstrasse 24      | 8953 Dietikon                   |               |              |                                 | rolf.winiger@hispeed.ch        |
| <b>Junioren Fb</b><br>Trainer | Mo 17:30 - 19:00 P:Platz 3 G:5  |                       | Mi 17:30 - 19:00 P:Platz 3 G:5  |               |              |                                 |                                |
|                               | <b>Name</b>                     | <b>Adresse</b>        | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b> | <b>Mobile</b>                   | <b>E-Mail</b>                  |
|                               | Alemanni Diego                  | Bahnhofplatz 4        | 8953 Dietikon                   |               |              | 079 679 54 61                   | diego.alemanni@gmx.ch          |
| <b>Junioren Fc</b><br>Trainer | Mi 17:30 - 19:00 P:Platz 3 G:8  |                       |                                 |               |              |                                 |                                |
|                               | <b>Name</b>                     | <b>Adresse</b>        | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b> | <b>Mobile</b>                   | <b>E-Mail</b>                  |
|                               | Yesil Sadife                    | Schöneeggstrasse 151  | 8953 Dietikon                   |               |              | 076 575 14 45                   | sadife.yesil@hotmail.com       |
|                               | Studer Leonie                   | Badenerstrasse 31     | 8953 Dietikon                   |               |              | 076 385 60 22                   | studerleonie@gmail.com         |
| <b>Junioren Fd</b><br>Trainer | Di 17.30 - 19.00 P:Platz 3 G:4  |                       |                                 |               |              |                                 |                                |
|                               | <b>Name</b>                     | <b>Adresse</b>        | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b> | <b>Mobile</b>                   | <b>E-Mail</b>                  |
|                               | Arekhandia Eric                 | Spitalstrasse 78      | 8952 Schlieren                  |               |              | 076 210 92 16                   | earekhandia@icloud.com         |
| <b>Junioren Fe</b><br>Trainer | Do 17.30 - 19.00 P:Platz 2 G:4  |                       |                                 |               |              |                                 |                                |
|                               | <b>Name</b>                     | <b>Adresse</b>        | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b> | <b>Mobile</b>                   | <b>E-Mail</b>                  |
|                               | Ahmeti Alban                    | Brunastrasse 184      | 8951 Fahrweid                   |               |              | 076 681 16 77                   |                                |
|                               | Kaltsunis Athanasios            | Hofackerstrasse 32    | 8953 Dietikon                   |               |              | 076 587 10 77                   | a.kaltsunis@me.com             |
| <b>Junioren G</b><br>Trainer  | Mi 17:30 - 19:30 P:Platz 3 G:10 |                       |                                 |               |              |                                 |                                |
|                               | <b>Name</b>                     | <b>Adresse</b>        | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b> | <b>Mobile</b>                   | <b>E-Mail</b>                  |
|                               | Rionero Moris                   | Weststrasse 4a        | 8953 Dietikon                   |               |              | 076 280 84 42                   | zeusmio2009@hotmail.com        |
|                               | Ardielli Emanuela               | Säntisstrasse 12      | 8964 Rudolfstetten              | 056 631 00 89 |              | 079 440 50 69                   | emanuela@ardielli.ch           |
| <b>Juniorinnen</b><br>Trainer | Di 19.00 - 20.30 P:Platz 2 G:7  |                       | Do 19.00 - 20.30 P:Platz 3 G:7  |               |              |                                 |                                |
|                               | <b>Name</b>                     | <b>Adresse</b>        | <b>PLZ / Ort</b>                | <b>Tel P</b>  | <b>Tel G</b> | <b>Mobile</b>                   | <b>E-Mail</b>                  |
|                               | Difonzo Michele                 | Wiesenstrasse 9       | 8953 Dietikon                   |               |              | 076 426 90 20                   | michele.difonzo@hispeed.ch     |



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|                         |                                     |                         |                                  |               |               |                                |                             |
|-------------------------|-------------------------------------|-------------------------|----------------------------------|---------------|---------------|--------------------------------|-----------------------------|
|                         | Rionero Moris                       | Weststrasse 4a          | 8953 Dietikon                    |               |               | 076 280 84 42                  | zeusmio2009@hotmail.com     |
| <b>Juniorinnen C/9</b>  | Di 19.00 - 20.30 P:Platz 2 G:5      |                         | Do 19.00 - 20.30 P:Platz 3 G:5   |               |               |                                |                             |
| <b>Trainer</b>          | <b>Name</b>                         | <b>Adresse</b>          | <b>PLZ / Ort</b>                 | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b>                  | <b>E-Mail</b>               |
|                         | Markanovic Leonie                   | Im Steinig 5            | 8956 Killwangen                  |               |               | 078 684 80 24                  | leonie.markanovic@gmail.com |
|                         | Ardielli Emanuela                   | Säntisstrasse 12        | 8964 Rudolfstetten               | 056 631 00 89 |               | 079 440 50 69                  | emanuela@ardielli.ch        |
| <b>Senioren 30+</b>     | Mi 20.30 - 22.00 P:Platz 3 G:2      |                         |                                  |               |               |                                |                             |
| <b>Trainer</b>          | <b>Name</b>                         | <b>Adresse</b>          | <b>PLZ / Ort</b>                 | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b>                  | <b>E-Mail</b>               |
|                         | Baker Volkan                        | Hofackerstr. 42         | 8953 Dietikon                    |               |               | 076 428 84 49                  | v.baker@fcd.ch              |
| <b>Senioren 40+</b>     | Mi 20:30 - 22:00 P:Platz 2 G:1      |                         |                                  |               |               |                                |                             |
| <b>Trainer</b>          | <b>Name</b>                         | <b>Adresse</b>          | <b>PLZ / Ort</b>                 | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b>                  | <b>E-Mail</b>               |
|                         | Mächler René                        | Hüslernstrasse 29       | 5453 Busslingen                  | 056 4965279   |               | 079 6201524                    | rmaechler@migrol.ch         |
| <b>Senioren 50+ 7er</b> | Mi 19:00 - 20:30 P:Platz 3 G:12     |                         |                                  |               |               |                                |                             |
| <b>Trainer</b>          | <b>Name</b>                         | <b>Adresse</b>          | <b>PLZ / Ort</b>                 | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b>                  | <b>E-Mail</b>               |
|                         | Keller Anton                        | Staffelackerstrasse 21  | 8953 Dietikon                    |               | 044 740 30 84 | 079 662 57 55                  | antonkeller@bluewin.ch      |
| <b>U-15 Team GC</b>     | Mo & Di 17.00 - 19.00 P:Platz 2 G:2 |                         | Mi 14.00 - 16.00 P:Platz 2/3 G:2 |               |               | Fr 17.00 - 19.00 P:Platz 2 G:2 |                             |
| <b>Trainer</b>          | <b>Name</b>                         | <b>Adresse</b>          | <b>PLZ / Ort</b>                 | <b>Tel P</b>  | <b>Tel G</b>  | <b>Mobile</b>                  | <b>E-Mail</b>               |
|                         | Giamboi Carmelo                     | Baumschulweg 3          | 5436 Würenlos                    |               |               | 079 403 77 06                  | giamboi@fcd.ch              |
|                         | Siegenthaler Fabian                 | Stockemerbergstrasse 32 | 8405 Winterthur                  |               |               | 078 604 36 93                  | fabian.sigi@bluewin.ch      |